

Monday 11 January 2021

Monday of week 1 in Ordinary Time

Entrance Antiphon

Upon a lofty throne, I saw a man seated,
whom a host of angels adore, singing in unison:
Behold him, the name of whose empire is eternal.

Collect

Attend to the pleas of your people with heavenly care,
O Lord, we pray,
that they may see what must be done
and gain strength to do what they have seen.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy
Spirit,
God, for ever and ever.

First reading

Hebrews 1:1-6

A reading from the letter to the Hebrews.

At various times in the past and in various different ways, God spoke to our ancestors through the prophets; but in our own time, the last days, he has spoken to us through his Son, the Son that he has appointed to inherit everything and through whom he made everything there is. He is the radiant light of God's glory and the perfect copy of his nature, sustaining the universe by his powerful command; and now that he has destroyed the defilement of sin, he has gone to take his place in heaven at the right hand of divine Majesty. So he is now as far above the angels as the title which he has inherited is higher than their own name.

God has never said to any angel: *You are my Son, today I have become your father; or: I will be a father to him and he a son to me.* Again, when he brings the First-Born into the world, he says: *Let all the angels of God worship him.*

The word of the Lord.

Responsorial Psalm

Psalm 96(97):1-2,6-7,9

All you angels, worship the Lord.

The Lord is king, let earth rejoice,
the many coastlands be glad.
His throne is justice and right.

All you angels, worship the Lord.

The skies proclaim his justice;
all peoples see his glory.
All you spirits, worship him.

All you angels, worship the Lord.

For you indeed are the Lord
most high above all the earth,
exalted far above all spirits.

All you angels, worship the Lord.

Gospel Acclamation

cf.Ac16:14

Alleluia, **alleluia!**
Open our heart, O Lord,
to accept the words of your Son.
Alleluia!

Gospel

Mark 1:14-20

The Lord be with you.
And with your spirit.

A reading from the holy gospel according to Mark.
Glorify to you, O Lord.

After John had been arrested, Jesus went into Galilee. There he proclaimed the Good News from God. 'The time has come' he said 'and the kingdom of God is close at hand. Repent, and believe the Good News.'

As he was walking along by the Sea of Galilee he saw Simon and his brother Andrew casting a net in the lake – for they were fishermen. And Jesus said to them, 'Follow me and I will make you into fishers of men.' And at once they left their nets and followed him.

Going on a little further, he saw James son of Zebedee and his brother John; they too were in their boat, mending their nets. He called them at once and, leaving their father Zebedee in the boat with the men he employed, they went after him.

The Gospel of the Lord.
Praise to you, Lord Jesus Christ.

Prayer over the Offerings

May your people's oblation, O Lord, find favour with you, we pray,
that it may restore them to holiness
and obtain what they devoutly entreat.
Through Christ our Lord.

Communion Antiphon

Ps 35: 10

With you, O Lord, is the fountain of life,
and in your light we see light.

Prayer after Communion

Humbly we ask you, almighty God,
be graciously pleased to grant
that those you renew with your Sacraments
may also serve with lives pleasing to you.
Through Christ our Lord.

Tuesday 12 January 2021

Tuesday of week 1 in Ordinary Time

Entrance Antiphon

Upon a lofty throne, I saw a man seated,
whom a host of angels adore, singing in unison:
Behold him, the name of whose empire is eternal.

Collect

Attend to the pleas of your people with heavenly care,
O Lord, we pray,
that they may see what must be done
and gain strength to do what they have seen.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy
Spirit,
God, for ever and ever.

First reading

Hebrews 2:5-12

A reading from the letter to the Hebrews.

God did not appoint angels to be rulers of the world to come, and that world is what we are talking about. Somewhere there is a passage that shows us this. It runs: *What is man that you should spare a thought for him, the son of man that you should care for him? For a short while you made him lower than the angels; you crowned him with glory and splendour. You have put him in command of everything.* Well then, if he has put him in command of everything, he has left nothing which is not under his command. At present, it is true, we are not able to see that *everything has been put under his command*, but we do see in Jesus one who was *for a short while made lower than the angels* and is now *crowned with glory and splendour* because he submitted to death; by God's grace he had to experience death for all mankind.

As it was his purpose to bring a great many of his sons into glory, it was appropriate that God, for whom everything exists and through whom everything exists, should make perfect, through suffering, the leader who would take them to their salvation. For the one who sanctifies, and the ones who are sanctified, are of the same stock; that is why he openly calls them *brothers* in the text: *I shall announce your name to my brothers, praise you in full assembly.*

The word of the Lord.

Responsorial Psalm

Psalm 8:2,5-9

You gave your Son power over the works of your hand.

How great is your name, O Lord our God,
through all the earth!

What is man that you should keep him in mind,
mortal man that you care for him?

You gave your Son power over the works of your hand.

Yet you have made him little less than a god;
with glory and honour you crowned him,
gave him power over the works of your hand,
put all things under his feet.

You gave your Son power over the works of your hand.

All of them, sheep and cattle,
yes, even the savage beasts,
birds of the air, and fish
that make their way through the waters.

You gave your Son power over the works of your hand.

Gospel Acclamation

Jm1:21

Alleluia, alleluia!

Accept and submit to the word
which has been planted in you
and can save your souls.

Alleluia!

Gospel

Mark 1:21-28

The Lord be with you.
And with your spirit.

A reading from the holy gospel according to Mark.
Glory to you, O Lord.

Jesus and his disciples went as far as Capernaum, and as soon as the sabbath came he went to the synagogue and began to teach. And his teaching made a deep impression on them because, unlike the scribes, he taught them with authority.

In their synagogue just then there was a man possessed by an unclean spirit and it shouted, 'What do you want with us, Jesus of Nazareth? Have you come to destroy us? I know who you are: the Holy One of God.' But Jesus said sharply, 'Be quiet! Come out of him!' And the unclean spirit threw the man into convulsions and with a loud cry went out of him. The people were so astonished that they started asking each other what it all meant. 'Here is a teaching that is new' they said 'and with authority behind it: he gives orders even to unclean spirits and they obey him.' And his reputation rapidly spread everywhere, through all the surrounding Galilean countryside.

The Gospel of the Lord.
Praise to you, Lord Jesus Christ.

Communion Antiphon

Ps 35: 10

With you, O Lord, is the fountain of life,
and in your light we see light.

Wednesday 13 January 2021

Saint Hilary, Bishop, Doctor
on Wednesday of week 1 in Ordinary Time

Entrance Antiphon

Cf. Dn 12: 3

Those who are wise will shine brightly
like the splendour of the firmament
and those who lead the many to justice
shall be like the stars for ever.

Collect

Grant, we pray, almighty God,
that we may rightly understand and truthfully profess
the divinity of your Son,
which the Bishop Saint Hilary taught with such
constancy.

Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy
Spirit,
God, for ever and ever.

First reading

Hebrews 2:14-18

A reading from the letter to the Hebrews.

Since all the children share the same blood and flesh,
Christ too shared equally in it, so that by his death he
could take away all the power of the devil, who had
power over death, and set free all those who had been
held in slavery all their lives by the fear of death. For it
was not the angels that he took to himself; he took to
himself descent from Abraham. It was essential that he
should in this way become completely like his brothers
so that he could be a compassionate and trustworthy
high priest of God's religion, able to atone for human
sins. That is, because he has himself been through
temptation he is able to help others who are tempted.

The word of the Lord.

Responsorial Psalm

Psalm 104(105):1-4,6-9

The Lord remembers his covenant for ever.

Give thanks to the Lord, tell his name,
make known his deeds among the peoples.
O sing to him, sing his praise;
tell all his wonderful works!

The Lord remembers his covenant for ever.

Be proud of his holy name,
let the hearts that seek the Lord rejoice.
Consider the Lord and his strength;
constantly seek his face.

The Lord remembers his covenant for ever.

O children of Abraham, his servant,

O sons of the Jacob he chose.
He, the Lord, is our God:
his judgements prevail in all the earth.

The Lord remembers his covenant for ever.

He remembers his covenant for ever,
his promise for a thousand generations,
the covenant he made with Abraham,
the oath he swore to Isaac.

The Lord remembers his covenant for ever.

Gospel Acclamation

cf.Col3:16a,17

Alleluia, **alleluia!**

Let the message of Christ, in all its richness,
find a home with you;
through him give thanks to God the Father.

Alleluia!

Gospel

Mark 1:29-39

The Lord be with you.
And with your spirit.

A reading from the holy gospel according to Mark.
Glory to you, O Lord.

On leaving the synagogue, Jesus went with James and
John straight to the house of Simon and Andrew. Now
Simon's mother-in-law had gone to bed with fever, and
they told him about her straightaway. He went to her,
took her by the hand and helped her up. And the fever
left her and she began to wait on them.

That evening, after sunset, they brought to him all who
were sick and those who were possessed by devils.
The whole town came crowding round the door, and
he cured many who were suffering from diseases of
one kind or another; he also cast out many devils, but
he would not allow them to speak, because they knew
who he was.

In the morning, long before dawn, he got up and left
the house, and went off to a lonely place and prayed
there. Simon and his companions set out in search of
him, and when they found him they said, 'Everybody is
looking for you.' He answered, 'Let us go elsewhere, to
the neighbouring country towns, so that I can preach
there too, because that is why I came.' And he went all
through Galilee, preaching in their synagogues and
casting out devils.

The Gospel of the Lord.
Praise to you, Lord Jesus Christ.

Communion Antiphon

Cf. 1 Cor 1: 23-24

We proclaim Christ crucified;
Christ, the power of God and the wisdom of God.

Thursday 14 January 2021

Thursday of week 1 in Ordinary Time

Entrance Antiphon

Upon a lofty throne, I saw a man seated,
whom a host of angels adore, singing in unison:
Behold him, the name of whose empire is eternal.

Collect

Attend to the pleas of your people with heavenly care,
O Lord, we pray,
that they may see what must be done
and gain strength to do what they have seen.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy
Spirit, God, for ever and ever.

First reading
14

Hebrews 3:7-

A reading from the letter to the Hebrews.

The Holy Spirit says: *If only you would listen to him today; do not harden your hearts, as happened in the Rebellion, on the Day of Temptation in the wilderness, when your ancestors challenged me and tested me, though they had seen what I could do for forty years. That was why I was angry with that generation and said: How unreliable these people who refuse to grasp my ways! And so, in anger, I swore that not one would reach the place of rest I had for them.* Take care, brothers, that there is not in any one of your community a wicked mind, so unbelieving as to turn away from the living God. Every day, as long as this 'today' lasts, keep encouraging one another so that none of you is *hardened* by the lure of sin, because we shall remain co-heirs with Christ only if we keep a grasp on our first confidence right to the end.

The word of the Lord.

Responsorial Psalm
11

Psalm 94(95):6-

O that today you would listen to his voice! 'Harden not your hearts.'

Come in; let us bow and bend low;
let us kneel before the God who made us:
for he is our God and we
the people who belong to his pasture,
the flock that is led by his hand.

O that today you would listen to his voice! 'Harden not your hearts.'

O that today you would listen to his voice!
'Harden not your hearts as at Meribah,
as on that day at Massah in the desert

when your fathers put me to the test;
when they tried me, though they saw my work.

O that today you would listen to his voice! 'Harden not your hearts.'

For forty years I was wearied of these people
and I said: "Their hearts are astray,
these people do not know my ways."
Then I took an oath in my anger:
"Never shall they enter my rest."

O that today you would listen to his voice! 'Harden not your hearts.'

Gospel Acclamation

Ps118:88

Alleluia, **alleluia!**
Because of your love give me life,
and I will do your will.
Alleluia!

Gospel

Mark 1:40-45

**The Lord be with you.
And with your spirit.**

A reading from the holy gospel according to **Mark.**
Glory to you, O Lord.

A leper came to Jesus and pleaded on his knees: 'If you want to' he said 'you can cure me.' Feeling sorry for him, Jesus stretched out his hand and touched him. 'Of course I want to!' he said. 'Be cured!' And the leprosy left him at once and he was cured. Jesus immediately sent him away and sternly ordered him, 'Mind you say nothing to anyone, but go and show yourself to the priest, and make the offering for your healing prescribed by Moses as evidence of your recovery.' The man went away, but then started talking about it freely and telling the story everywhere, so that Jesus could no longer go openly into any town, but had to stay outside in places where nobody lived. Even so, people from all around would come to him.

The Gospel of the Lord.
Praise to you, Lord Jesus Christ.

Communion Antiphon

Ps 35: 10

With you, O Lord, is the fountain of life,
and in your light we see light.

Prayer after Communion

Humbly we ask you, almighty God,
be graciously pleased to grant
that those you renew with your Sacraments
may also serve with lives pleasing to you.
Through Christ our Lord.

Friday 15 January 2021

Friday of week 1 in Ordinary Time

Entrance Antiphon

Upon a lofty throne, I saw a man seated,
whom a host of angels adore, singing in unison:
Behold him, the name of whose empire is eternal.

Collect

Attend to the pleas of your people with heavenly care,
O Lord, we pray,
that they may see what must be done
and gain strength to do what they have seen.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy
Spirit,
God, for ever and ever.

First reading

Hebrews 4:1-5,11

None of you has come too late for God's promise

Be careful: the promise of reaching the place of rest that God had for the Israelites still holds good, and none of you must think that he has come too late for it. We received the Good News exactly as they did; but hearing the message did them no good because they did not share the faith of those who listened. We, however, who have faith, shall reach a place of rest, as in the text: *And so, in anger, I swore that not one would reach the place of rest I had for them.* God's work was undoubtedly all finished at the beginning of the world; as one text says, referring to the seventh day: *After all his work God rested on the seventh day.* The text we are considering says: *They shall not reach the place of rest I had for them.* We must therefore do everything we can to *reach this place of rest*, or some of you might copy this example of disobedience and be lost.

The word of the Lord.

Responsorial Psalm

Psalm 77(78):3-4,6-8

Never forget the deeds of the Lord.

The things we have heard and understood,
the things our fathers have told us,
these we will not hide from their children
but will tell them to the next generation:
the glories of the Lord and his might
and the marvellous deeds he has done.

Never forget the deeds of the Lord.

They too should arise and tell their sons
that they too should set their hope in God

and never forget God's deeds
but keep every one of his commands.

Never forget the deeds of the Lord.

So that they might not be like their fathers,
a defiant and rebellious race,
a race whose heart was fickle,
whose spirit was unfaithful to God.

Never forget the deeds of the Lord.

Gospel Acclamation

cf.Ep1:17,18

Alleluia, **alleluia!**

May the Father of our Lord Jesus Christ
enlighten the eyes of our mind,
so that we can see what hope his call holds for us.

Alleluia!

Gospel

Mark 2:1-12

The Lord be with you.

And with your spirit.

A reading from the holy gospel according to Mark.

Glory to you, O Lord.

When Jesus returned to Capernaum, word went round that he was back; and so many people collected that there was no room left, even in front of the door. He was preaching the word to them when some people came bringing him a paralytic carried by four men, but as the crowd made it impossible to get the man to him, they stripped the roof over the place where Jesus was; and when they had made an opening, they lowered the stretcher on which the paralytic lay. Seeing their faith, Jesus said to the paralytic, 'My child, your sins are forgiven.' Now some scribes were sitting there, and they thought to themselves, 'How can this man talk like that? He is blaspheming. Who can forgive sins but God?' Jesus, inwardly aware that this was what they were thinking, said to them, 'Why do you have these thoughts in your hearts? Which of these is easier: to say to the paralytic, "Your sins are forgiven" or to say, "Get up, pick up your stretcher and walk"? But to prove to you that the Son of Man has authority on earth to forgive sins,' – he turned to the paralytic – 'I order you: get up, pick up your stretcher, and go off home.' And the man got up, picked up his stretcher at once and walked out in front of everyone, so that they were all astounded and praised God saying, 'We have never seen anything like this.'

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.

Communion Antiphon

Ps 35: 10

With you, O Lord, is the fountain of life,
and in your light we see light.

Saturday 16 January 2021

Requiem on Saturday of week 1 in Ordinary Time

Entrance Antiphon

Upon a lofty throne, I saw a man seated,
whom a host of angels adore, singing in unison:
Behold him, the name of whose empire is eternal.

Collect

Attend to the pleas of your people with heavenly care,
O Lord, we pray,
that they may see what must be done
and gain strength to do what they have seen.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy
Spirit,
God, for ever and ever.

First reading

Hebrews 4:12-16

A reading from the letter to the Hebrews.

The word of God is something alive and active: it cuts like any double-edged sword but more finely: it can slip through the place where the soul is divided from the spirit, or joints from the marrow; it can judge the secret emotions and thoughts. No created thing can hide from him; everything is uncovered and open to the eyes of the one to whom we must give account of ourselves.

Since in Jesus, the Son of God, we have the supreme high priest who has gone through to the highest heaven, we must never let go of the faith that we have professed. For it is not as if we had a high priest who was incapable of feeling our weaknesses with us; but we have one who has been tempted in every way that we are, though he is without sin. Let us be confident, then, in approaching the throne of grace, that we shall have mercy from him and find grace when we are in need of help.

The word of the Lord.

Responsorial Psalm

Psalm 18(19):8-10,15

Your words are spirit, Lord, and they are life.

The law of the Lord is perfect,
it revives the soul.
The rule of the Lord is to be trusted,
it gives wisdom to the simple.

Your words are spirit, Lord, and they are life.

The precepts of the Lord are right,
they gladden the heart.
The command of the Lord is clear,
it gives light to the eyes.

Your words are spirit, Lord, and they are life.

The fear of the Lord is holy,
abiding for ever.
The decrees of the Lord are truth
and all of them just.

Your words are spirit, Lord, and they are life.

May the spoken words of my mouth,
the thoughts of my heart,
win favour in your sight, O Lord,
my rescuer, my rock!

Your words are spirit, Lord, and they are life.

Gospel Acclamation

Ps 118:36,29

Alleluia, **alleluia!**
Bend my heart to your will, O Lord,
and teach me your law.
Alleluia!

Gospel

Mark 2:13-17

The Lord be with you.
And with your spirit.

A reading from the holy gospel according to Mark.
Glory to you, O Lord.

Jesus went out to the shore of the lake; and all the people came to him, and he taught them. As he was walking on he saw Levi the son of Alphaeus, sitting by the customs house, and he said to him, 'Follow me.' And he got up and followed him.

When Jesus was at dinner in his house, a number of tax collectors and sinners were also sitting at the table with Jesus and his disciples; for there were many of them among his followers. When the scribes of the Pharisee party saw him eating with sinners and tax collectors, they said to his disciples, 'Why does he eat with tax collectors and sinners?' When Jesus heard this he said to them, 'It is not the healthy who need the doctor, but the sick. I did not come to call the virtuous, but sinners.'

The Gospel of the Lord.
Praise to you, Lord Jesus Christ.

Communion Antiphon

Ps 35: 10

With you, O Lord, is the fountain of life,
and in your light we see light.

